



Uplift People of Elk Grove



www.upliftelkgrove.org

916-900-6991

info@upliftelkgrove.org

8986 Elk Grove Blvd.
Elk Grove, Ca 95624

501(c) 3 Tax ID/EIN
82-2485100



“I now have a support group and tools to improve my everyday life.”

-Uplift Participant



- Are you tired of living paycheck to paycheck?
- Do you want to create a better life for yourself and your family?
- Do you want more out of life than just struggling to meet your immediate needs?
- Are you looking for a supportive and encouraging community?

If you answered yes to any of these questions, please read on.

Uplift People of Elk Grove is a local nonprofit that offers free programs that focus on breaking the cycle of poverty for the entire family.

We work with you to recognize and overcome barriers which limit your success.

We work together to identify your strengths and find resources needed to reach your goals.

We build community that provides support and accountability.



We meet every week on Tuesday night.

We provide childcare and youth activities.

If you are rushing to get to our community meetings after work, no worries, we also provide dinner.

Our meetings include classes, activities, presentations and resources designed to help you change your future.

We celebrate accomplishments and special occasions and enjoy activities that bring our community together.



We offer support as you work to accomplish your goals and create a fulfilling life.

Some goals achieved by our current participants;

- Moved into permanent housing
- Paid off debt
- Completed High School
- Enrolled or graduated from college
- Obtained reliable transportation
- Secured employment
- Obtained better jobs
- Started their own business
- Raised credit scores
- Reconnected to family
- Improved mental and physical health
- Maintained sobriety



“I have gained a family of people committed to working to improve their lives and the lives of others. I have learned that every person has a story to share about success and failures. We all need to listen without judgment. We all have something to give.”

-Uplift Participant

